



Prayer &
FASTING
DEVOTIONAL GUIDE

C O R P O R A T E
**PRAYER
&
FASTING**

WEEK 1: WHAT DOES IT MEAN TO BE HOLY?

Thursday, September 7, 2023

Holiness is not about being absolutely perfect but instead, it is about being separated from sin! We cannot make ourselves perfect and blameless, but we can choose to be set apart for God. Thus, we can choose to be holy...

Paul opens this letter in 1Thessalonians with a simple prayer to the father to “direct his way to Thessalonica” and that the father would “make” them increase in love for one another AND to all people as they (Paul) “loves” them. The aim here is to have your heart “blameless in holiness” before our God. So, what does all this mean and what does it have to do with being holy? Well, if you notice in the text “love” is the focus and to increase in love towards one another. Then and only then will your heart be established blameless in holiness. So, Paul is dispelling the myth that:

Measuring all the bad things you don't do makes you holy

Being “separate” doesn't mean everyone outside the church is bad and must be avoided (the same ugly spiritual sickness of the Pharisee)

We are to be “set apart” or different from the non-believing people around us. We should be unique just as our God is unique. Increasing our love for one another is certainly unique and different from the world.

"By this everyone will know that you are my disciples, if you love one another." (John 13:35)

BIBLE READING: 1 Thessalonians 3:11-13

SUGGESTED FORMAT FOR PRAYER

Praise

- Thank you Father for calling us to be holy
- Thank you for making love the foundation for holiness
- Thank You for being a loving God
- Thank you for teaching me what holiness really means

Confession

Father forgive me of my sins that I have committed by thought word or deed. Forgive me for the times I didn't allow my love to show and did not exercise compassion. I repent for trying to be perfect through my own strength and human efforts.

Supplication and Intercession

Father we pray:

- that you would direct my path to those I'm assigned to
- make me increase in my love for my fellow man
- establish my heart so that I may be found blameless in holiness
- create in me a clean heart and renew a right spirit within me

Thanksgiving

- Father, we thank you for your perfect Son
- Father, we thank you for the shed blood of Jesus
- Father, we thank you for perfect love casts out all sin
- Father, we thank you for setting us apart for your use

PROMISES TO CLAIM AS YOU PRAY

"He has saved us and called us to a holy life—not because of anything we have done but because of his own purpose and grace. This grace was given us in Christ Jesus before the beginning of time," (2 Timothy 1:9)

"Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting." (Psalm 139:23-24)

"Therefore, since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God." (2 Corinthians 7:1)

C O R P O R A T E PRAYER & FASTING

WEEK 2: THE PICTURE OF HOLINESS

Thursday, September 14, 2023

Jesus was the perfect representation in human form of all that God is...That means he's our perfect picture of what holiness looks like.

To be holy is to be like Jesus! Jesus never refused to spend time with sinners for the bible says in Luke 19:10, "For the Son of Man came to seek and to save the lost!" He didn't live a super spiritual, recluse life...He never obsessed over having a perfect reputation or race to appear purer than everyone else (No! that's what we do)

However, he did demonstrate his Father's perfect love, he practiced compassion, and he was in relentless pursuit of his Father's mission. Jesus once said, "His meat was to do his Father's will." He spoke the truth with love and grace and everyone he encountered, every person he touched was made clean! Holiness is devotion to everything God is, like Jesus did. Holiness is the pursuit of everything he values, like Jesus did. Holiness is loving God and others, just like Jesus did. Which means Jesus is our perfect example of holiness.

Now you may ask, is there even a need for purity then? Absolutely! Matthew says it best: "Blessed are the pure in heart, for they will see God." (Matthew 5:8)

BIBLE READING: Colossians 1:9-23

SUGGESTED FORMAT FOR PRAYER

Praise

- A perfect example in your Son Jesus the Christ
- Choosing me to be a part of the redeemed
- The true message of the gospel
- Giving me a hope and a future

Confession

Father forgive me for thinking I was better than my brother or sister and for obsessing over being perfect as I pursued what I "thought" was holiness. Forgive me for the people I hurt out of my ignorance and pride. Father I pray that you would heal and restore them as you do the same for me.

Supplication and Intercession

Father we pray:

- That you would fill me with the knowledge of your will
- That you will fill me with wisdom, knowledge, and all spiritual understanding
- That you would cause me to walk worthy of you and be completely pleasing to you
- That I am fruitful in every good work

Thanksgiving

- Thank you for a life that is set apart for your use
- Thank you for searching me, and knowing my heart
- Thank you for making me holy, for without holiness no one will see the Lord

PROMISES TO CLAIM AS YOU PRAY

“Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord.” (Hebrews 12:14)

“Who may ascend the mountain of the Lord? Who may stand in his holy place? The one who has clean hands and a pure heart, who does not trust in an idol or swear by a false god. They will receive blessing from the Lord and vindication from God their Savior.” (Psalm 24:3-5)

“I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh.” (Ezekiel 36:26)

C O R P O R A T E PRAYER & FASTING

WEEK 3: BE VIRTUOUS

Thursday, September 21, 2023

Virtue defined: Behavior showing moral standards

Holiness is the opposite of sin; it's goodness, wisdom and love, right? Because God is absolute perfection and without flaw, it's impossible for us to be "perfect" and without flaw like Him. However, pursuing holiness is a process and a progressive work of God through the Holy Spirit. He is the only one with the power to continually cleanse our hearts through his word. In turn we grow, adapt godly habits through obedience to his word which purifies our motives meaning our behavior begins to line up with the definition of holiness.

The blessing in that is we now go deeper in our intimacy and receive profound awareness of His love! We also gain the ability to "freely" serve this awesome God without guilt and shame. Once our behavior is holy, we can make clean everyone one we touch; just like Jesus did.

BIBLE READING: Romans 8

SUGGESTED FORMAT FOR PRAYER

Praise

- Father thank you that I am a progressive work of holiness
- Thank you that my heart is being cleansed by your word, daily
- Thank you for setting me apart for yourself
- Thank you that the holy spirit is at work in me

Confession

Father I admit that my life has not always lined up with your word and that my walk needs perfecting. I live beneath my privilege and my promise; and I have not been diligent in seeking a set apart life, my flesh wins too often.

Supplication and Intercession

Father we pray:

- That you establish us in holiness
- That we would be found of him in Peace without spot or wrinkle
- That we follow righteousness, godliness faith, love, patience and meekness
- That my body is a living sacrifice, it is holy and acceptable to God

Thanksgiving

- Thank you for filling me with the precious Holy Ghost
- Thank you for being my Righteousness
- Thank you for being my victory
- Thank you for purifying my heart and my motives

PROMISES TO CLAIM AS YOU PRAY

“You are to be holy to me because I, the Lord, am holy, and I have set you apart from the nations to be my own.” (Leviticus 20:26)

“His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness.” (2 Peter 1:3)

“Peter replied, “Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit” (Acts 2:38)

“Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. 2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.” (Romans 12:1-2)

C O R P O R A T E PRAYER & FASTING

WEEK 4: HOLINESS IS A LIFESTYLE

Thursday, September 28, 2023

In this text, Peter call for all people of faith to live a life of holiness. Literally, holy living means that the Christian lives a life that is set apart, reserved if you will, to give God glory. It is a life of discipline, focus and attention to matters of righteous living. Paul says in Romans 12:1-2 it is a life presented to God in a way that transforms our lives to Gods glory rather than conforming to the ways of the world.

True holiness is a life that is pleasing to God on all levels possible! A life lived in service to those whom Jesus would refer to as “the least of these” A life devoted to caring for the orphans and the widows, a life focused on extending Christ’s love across boundaries of race, class, nationality, language and education.

So does your (lifestyle) ways, your conduct, behavior or habits line up? Take some time and measure your life against this definition, not against anyone you see or perceive to be holy, then start from there.

BIBLE READING: 1 Peter 1:13-25

SUGGESTED FORMAT FOR PRAYER

Praise

- Thank you, Jehovah Tsidkenu, for being my righteousness
- Thank you because your lovingkindness is better than life
- Thank you for hearing me when I call

Confession

Father, I confess that I lack devotion for the things of God, and I lack discipline. Sometimes my life looks more like the world than it does the kingdom. I confess that part of me is afraid to fully devote to you and go all the way into the deep things of God.

Supplication and Intercession

Father we pray:

- That you will help us be a better example of holiness
- Help us focus on things that matter to you
- Help us to achieve true holiness on every level of our lives
- Help us to live a disciplined life

Thanksgiving

- Thank you for working righteousness and justice for all who are oppressed
- Thank you for being compassionate and gracious, slow to anger and abounding in love
- Thank you for not treating us as our sins deserve or repaying us according to our iniquity
- Thank you that as far as the east is from the west you remove our transgressions from us

PROMISES TO CLAIM AS YOU PRAY

“No, in all these things we are more than conquerors through him who loved us.” (Romans 8:37)

“I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me”. (Galatians 2:20)

“It is because of him that you are in Christ Jesus, who has become for us wisdom from God—that is, our righteousness, holiness and redemption.” (1 Corinthians 1:30)

“The Lord appeared to us in the past, saying: I have loved you with an everlasting love; I have drawn you with unfailing kindness.” (Jeremiah 31:3)

FASTING GUIDELINES

TYPE OF FAST

We will abstain from all solid foods. for an extended part of the day. Drinking only water from 6AM – 12 Noon or 6AM – 6PM based on your fasting level of comfort. You may eat after your time of fasting has ended for the day.

CORPORATE PRAYER TIMES

Each day we will gather virtually for prayer at 6 a.m.
YouTube will be utilized to access prayer virtually.

TV/SOCIAL MEDIA

We will abstain from watching TV and/or engaging on social media from 6 a.m. — 6 p.m.



RESTORATION
house